



# Pierre the Pelican Newsletter

The Parents Helper



The Family Support Center of Barry County's parenting newsletter program, titled "Pierre the Pelican" began in August 1981. It has continued to deliver positive parenting information to new, often first-time parents in Barry County, who request that the newsletter be mailed to their home. The Pierre newsletter series is provided free and delivers age-appropriate health and developmental information from birth through your child's 6th birthday.

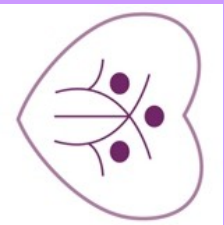
To subscribe to this free newsletter return this form by mail or email information to:

FAMILY SUPPORT CENTER OF BARRY COUNTY, PO Box 304, Hastings, MI 49058

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of child's birth: \_\_\_\_\_



Pierre the Pelican is a series of 28 free newsletters designed to educate new parents about their child's mental, social, and emotional development.

One letter is mailed each month during the first year, every two months in the second year, three times during the third and fourth years, twice a year during the fifth and a final letter at age six.

These newsletters have been revised over the years and come free of charge to the parents.



*Excerpt from newsletter No. 2*

Two principles of training

Keep these two good principles in mind:

1. The behavior you “reward” with attention is the behavior which will continue
2. Your baby requires a certain amount of attention each day. If you give it to her when she is being “good,” then she will be good more often. And later, when she is older, she will not need to be “bad” in order to get your attention.

Excerpt from newsletter No. 19,  
Age Two Years and Four Months:

Favorite Playthings:

- Water, mud, sand, play-dough
- Large, wheeled toys to push or pull

Interests:

- Just about everything
- TV, radio, recorded music

Frequent Activities:

- Asking questions
- Imitating anything anyone does
- Running
- Opening & closing doors
- “Talking” on the telephone
- Helping with some chores

